

1460 Second Ave
b/t 76th & 77th St. in NYC
212.734.2277

Pilates at 2nd Ave Center For Movement

Pilates Class Schedule

Effective July 10th

Monday

8:00 Cross Trainer
10:00 Tower Mat
11:00 Cross Trainer
5:00 Cross Trainer
7:00 Tower Mat

Tuesday

9:30 Advanced Tower Mat
10:30 Cross Trainer
5:00 Cross Trainer
7:00 Tower Mat

Wednesday

8:30 Reformer
9:30 Tower Mat
10:00 Cross Trainer
11:00 Tower Mat
6:15 Cross Trainer
7:15 Tower Mat

Thursday

9:00 Reformer
10:00 Tower Mat
5:00 Tower Mat
6:00 Cross Trainer

Friday

8:15 Reformer
9:30 Tower Mat
11:00 Cross Trainer
5:00 Cross Trainer

Saturday

8:30 Cross Trainer
9:30 Tower Mat
11:00 Tower Mat

Sunday

8:00 Cross Trainer
9:00 Reformer
10:00 Cross Trainer
11:30 Tower Mat
12:30 Cross Trainer

Packages and Prices

Combo Class Packages *\$325*

5 - Cross Trainer and Reformer Classes
5 - Tower Mat Classes

Tower Mat Class

Single *\$35*
Package of 5 *\$160*
Package of 10 *\$280*
Package of 20 *\$500*

Cross Trainer/Reformer Class

Single *\$48*
Package of 5 *\$225*
Package of 10 *\$420*

Private Sessions

Single *\$90*
Package of 5 *\$425*
Package of 10 *\$800*

All packages expire 3 months from issue date.

Online Scheduling Available at
www.centerformovement.com

